



## **Cumbria Neighbourhood Watch Association**

**linking Neighbourhood Watch across Cumbria  
to exchange and promote good practice,  
and to give a voice for Cumbria Neighbourhood Watch  
locally and nationally.**



### **A Few Words from the Chair**

**August 2009**

A great deal has happened since the publication of our last newsletter. The term of office of our Development Officers finished at the end of April and I should like to put on record our thanks to them for all the hard work they did in helping develop the movement in Cumbria. However, going forward, we now have all of Cumbria's Neighbourhood Policing Teams committed to supporting local Neighbourhood Watch (NHW) co-ordinators, a great step up in support for Neighbourhood Watch in Cumbria (NHWinC). (Details of your local Neighbourhood Policing Teams are on the Police web site at <http://www.cumbria.police.uk/thewaywework.htm> ).

We also have a written commitment to NHWinC from the Police and the County Council, which isn't just words but will soon be expressed by the appointment of a Transition Change Manager to manage its future development. That development will be overseen by a Joint Management Group bringing together the Police, The County Council, the Cumbria Crime and Disorder Reduction Partnerships (CDRPs), Cumbria Fire and Rescue Service, Cumbria Association of Local Councils (CALC) and the Cumbria Neighbourhood Watch Association (CNWA). That group brings together, probably for the first time, all parties seeking to make Cumbria a safer and stronger place and will be a major help in ensuring better co-ordinated activity in support of NHWinC.

Nationally too the Government is at last recognising in words and in cash the importance of NHW in helping reduce crime and the fear of crime. If you do have access to the Internet I would urge you to check out the National NHW web site which is at: [www.mynhw.co.uk](http://www.mynhw.co.uk). It is full of interesting material from around the country. It also has information on the new NHW Public Liability Insurance, which covers all Cumbria's NHW members.

This is all good strategic stuff but coming back to earth I should like to thank the grass roots members who turned out in Barrow, Carlisle and Workington to meet the Board as we move our meetings around the County. The meetings were lively and, as reported elsewhere in the Newsletter, some excellent ideas were put forward from which we can all learn.

CNWA's main role in life is to represent its members locally and nationally so I would urge you if you do have concerns or questions to raise locally or nationally to contact me and I'll do my best to help.

Finally I would also mention our own web site at [www.cumbria-nhw.org](http://www.cumbria-nhw.org), which is full of useful information and thank Andy Norris for all his hard work in creating and maintaining the site, and to Charles Paxton who recently has taken on the task of webmaster.

And also a big thank-you to Andy Baines – until recently Sgt Andy Baines of the Cumbria Police HQ Partnership Dept - who has been a major supporter of NHWinC over many years. He may have retired but we hope that he will still be actively involved in NHW.

Dr John Perkins Tel: 01768 881671 E-mail: [drjohnperkins@aol.com](mailto:drjohnperkins@aol.com)

**This newsletter has been sponsored by NFU Mutual**

*Please ensure that you pass this newsletter on to all of the members of your Watch and then to any interested people in your area.*

*It is also on the CNWA website – [www.cumbria-nhw.org](http://www.cumbria-nhw.org)*



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## **Neighbourhood Policing Team – cracking down on illegal motorcycles**

At this time of year, in the west of Carlisle City, we experience youths riding a wide range of motorcycles illegally. The motorcycles are ridden with no crash helmet, no driving licence, no tax, no insurance and no MOT. The motorcycles are often ridden on pavements and open spaces where they are a danger to themselves and members of the public. The Neighbourhood Policing Team based at Shadygrove Road Police Station are targeting those riders who are breaking the law and will be patrolling the problem areas with a camcorder to identify the riders in order to prosecute them for all the offences they commit.

PC Ian Keir based at Shadygrove Road Police Station said "The youths who we observe riding motorcycles illegally are not only a danger to themselves but to the general public whether they are pedestrians or other road users. We are aware of the locations the motorcycles are being ridden and will be recording footage on video camera to help us identify the riders and when identified we will take the necessary steps to prosecute them, we will also seize the motorcycle with a view to disposing of it. We take a zero tolerance approach to the illegal use of motorcycles due to the dangers involved. From January 2009 to May 2009 the neighbourhood Police team on the West of Carlisle have seized 12 motorcycles for illegal use, 6 have been disposed of so far by being crushed"

In order to ride a motorcycle legally the rider will be required to have a driving licence, insurance, MOT test certificate, tax and registration. The motorcycle must also be street legal and needs all equipment fitted and working for example lights, brakes, brake lights, horn, speedometer and the correct tyres. These are required even if the motorcycle is being pushed. Mini-motos are classed as motor vehicles in the eyes of the law and if used in a public place require the same documentation and working equipment.

If you require any further information please contact the Neighbourhood Policing Team at Shadygrove Road Police Station on 08453300247.

**A Date for your Diary –**  
**Cumbria Neighbourhood Watch Association AGM**  
**Saturday 10<sup>th</sup> October 2009**  
**10.00am – 2.00pm, including lunch**  
**(with registration & coffee from 9.00am)**  
**Venue – Newton Rigg Conference Centre,**  
**University of Cumbria, Penrith CA11 0AH**  
**Please book your place**  
**– so we know how many we have to cater for lunch!**  
**Contact Christine Makin Tel: 01931 714201**  
**E-Mail: [CumbriaNWA@aol.com](mailto:CumbriaNWA@aol.com)**

## **A Story from Penrith NHW about gates, and working in partnership with the Crime & Reduction Partnership**

Louise Armstrong – NHW Coordinator –  
 Penrith

A particularly nice part of Penrith (I say that because I'm biased) is Fallowfield Court where we used to get some Anti Social Behaviour. As Neighbourhood Watch Coordinator, I looked into funding to provide a gate. I spent many hours researching the area and met with various people.



Fallowfield Court Gate, as it is known, was funded by the Crime and Reduction Partnership and was eventually erected on the 11th November 2005. I say 'eventually' as there was great concern from far and wide and various meetings were held. Although people were under the impression that this walk through was a right of way, it was clarified as a permissive path.

The Gate is open during the day and closed at night. It has been a deterrent for any crime or unacceptable behaviour in the area which is looked after by all the residents. It's funny how some people do not know how to shut a gate quietly or not at all!

There has not been much maintenance to the gate, except when the handle was broken off at New Year and eventually repaired funded by CDRP. I am at the present time in correspondence with CDRP over any future costs as if this is not forthcoming it will fall into disrepair and will eventually not be fit for purpose. Watch this space!

## Support for Neighbourhood Watches and coordinators

Neighbourhood Watch in Cumbria is supported by the Safer and Stronger Communities Thematic Partnership. Members include Cumbria Constabulary, Cumbria County Council, Cumbria Fire and Rescue Service and the four Crime and Disorder Reduction Partnerships.

With the changes to the NHW structure in Cumbria, it is important that local Neighbourhood Watch Coordinators know who to contact to get assistance, advice and support. The support in future will be via the Community Beat Officers & Neighbourhood Policing Teams. If you want to know how to contact your local Community Beat Officer, phone Cumbria Constabulary on 0845 33 00 247, or look on the Cumbria Police website – The Way We Work – Neighbourhood Policing [http://www.cumbria.police.uk/thewaywework\\_5213.htm](http://www.cumbria.police.uk/thewaywework_5213.htm) .

The system for support of NHW and coordinators is still not fully developed, and the appointment of a Transition Manager is still awaited, so your patience is needed meanwhile. If you are experiencing problems, please contact Dr John Perkins, the Chair of CNWA, so the Board knows of concerns, though we may not be able to solve the problems immediately.

## Police and County Council declare their support for Neighbourhood Watch in Cumbria



Cumbria Constabulary and Cumbria County Council have renewed their support for Neighbourhood Watch and agreed a new joint statement setting out their commitment to ensuring its future success and development. Future arrangements will see a new partnership between the Police, the County Council, the County's Crime and Disorder Reduction Partnerships, and members, in promoting and developing Neighbourhood Watch, and in providing frontline support to `grassroots` members.

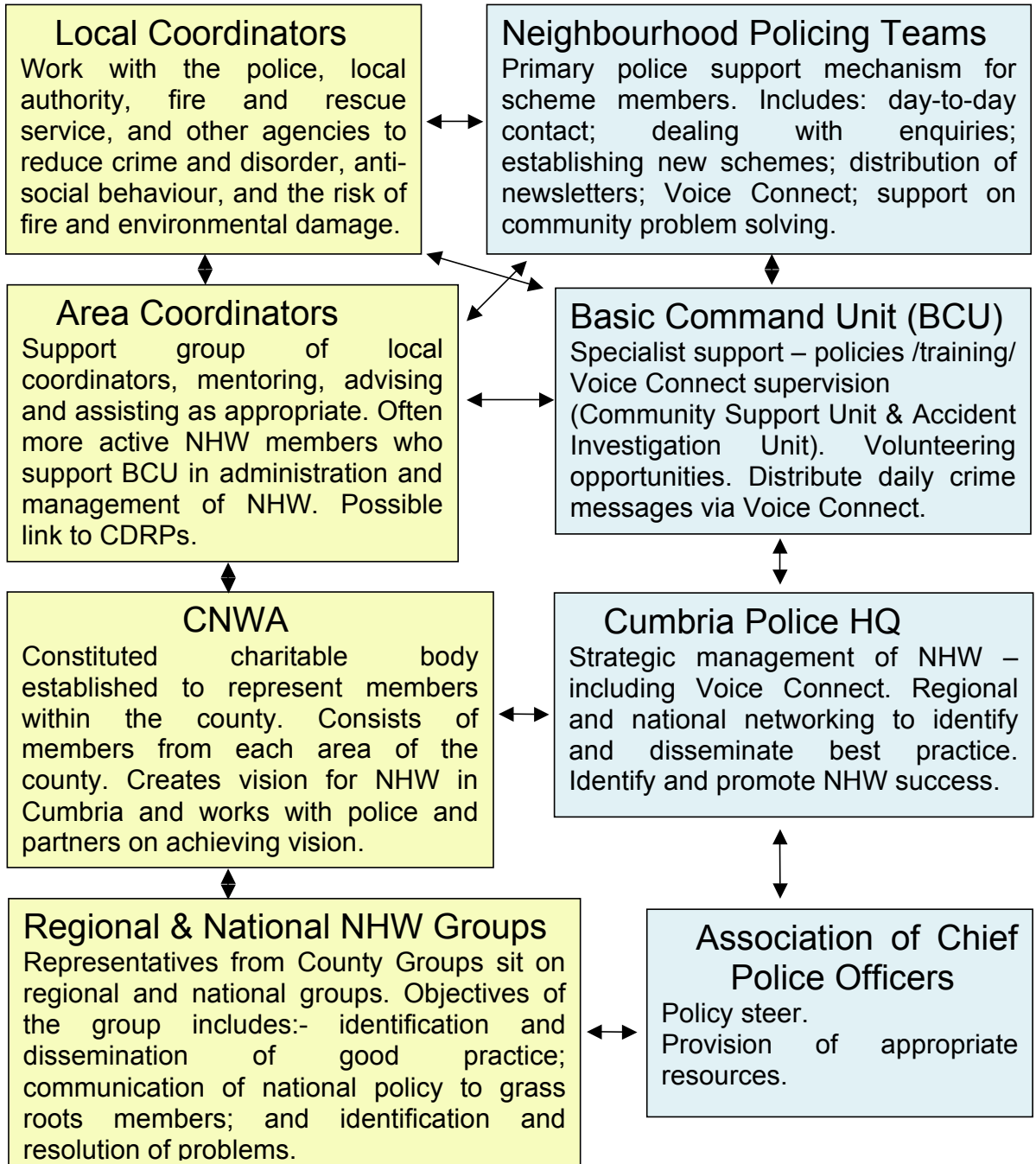
Launching the joint statement Dominic Harrison Cumbria's Chief Fire Officer and Chairman of Cumbria's Safer and Stronger Communities Thematic Partnership said "The County Council recognises the value of Neighbourhood Watch in Cumbria with its active volunteer citizens, as an important partner in improving the quality of life for people in Cumbria. We are committed to supporting and developing it."

Andy Davidson Acting Assistant Chief Constable said "Cumbria Constabulary has always supported Neighbourhood Watch and is committed to do so in the future. Our Neighbourhood Policing Teams, in particular, will play an increasing part in ensuring Neighbourhood Watch members are provided with the support they need."

Dr. John Perkins Chairman of Cumbria Neighbourhood Watch Association, which represents members, said "We recognise that there have to be changes in the way Neighbourhood Watch is supported, but we are confident that our partners are committed to ensuring the future success of the movement in Cumbria."



# A Quick Guide to how Neighbourhood Watch in Cumbria will work in future



But as stated before, NHWinC and CNWA will also be linking to Cumbria County Council, Cumbria Fire & Rescue Service, Cumbria Association of Local Councils (CALC), the Crime and Disorder Reduction Partnerships (CDRPs), and all the other organisations who make up the Safer and Stronger Communities Thematic Partnership, part of the wider Cumbria Strategic Partnership.

# Croftlands Community Safety Group

An example of how to have a wider influence  
and involve a broader range of people  
in keeping your community safe.

Pat Appleton, a NHW coordinator, from Croftlands Estate in Ulverston attended the CNWA meeting in Barrow in March. And she brought along a newsletter, that had been produced by the Croftlands Community Safety Group, with the assistance of PC John Turner, and told the Board and other coordinators what the Group had been doing.

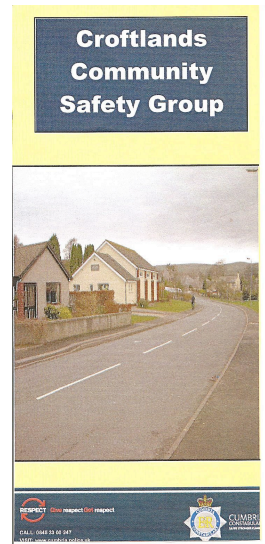
The newsletter promotes the work of the NHW in the area, by raising awareness of the crime trends on the estate. Bogus charity collectors, problems with underage drinking, and youth disorder, have been highlighted as issues.

The Group had already taken forward another initiative, by placing a suggestion box in the Croftlands Post Office, which allows local residents to raise issues of concern to the Group or to the Police. This idea came from a similar initiative in Distington, West Cumbria, and the newsletter was a further development to provide more information to local residents, and to give them contacts in the Group to discuss their concerns with. At present they are producing an edition of the newsletter every 3 months

The Group even has a page on Ulverston Local – [www.ulverstonlocal.co.uk](http://www.ulverstonlocal.co.uk) and they have had articles about the newsletter and the suggestions box in the North West Evening Mail.

## From PC John Turner:

The group was started after several residents had been the victims of crime with incidents of theft, damage or youth disorder. There had been opportunities for residents to meet me in the past but they were poorly attended. Pat was aware that residents were becoming increasingly concerned about their neighbourhood and took the initiative by approaching residents and forming Croftlands Community Safety Group. The group has meetings on a regular basis and I try and attend as many as possible. This not only gives me the chance to listen to any concerns members of the group may have but also update the group on anything of interest and give advice. The post box at the local Post Office gives residents from the whole estate the opportunity to leave a message for either the group or myself anonymously. The group has been recognised by other organisations and was approached by the local council to view and give their comments and concerns in relation to a new proposed multi use games area. To sum up, I find the group a great help in my current role within the Police and it gives me the opportunity to speak to the residents who may otherwise suffer in silence with an issue which may well be easily rectified.



## From the CNWA Board:

The CNWA thinks this type of promotion of the work of Neighbourhood Watches and Community Safety Groups through locally produced newsletters and leaflets is an example of good practice - the sort that we think would be useful for other groups to take forward.

We are hoping to put examples of local leaflets and newsletters on the CNWA website for other groups to 'steal' ideas from. If you need funding for this type of project, try your local Cumbria County Council Neighbourhood Forum. Speak to your local County Council Neighbourhood Development Officer – phone 01228 606060 – or for further information about the grants available, look on

<http://www.cumbria.gov.uk/neighbourhoodforums/grants/default.asp>

Or look on <http://www.mynhw.co.uk/regional/northwest-index.php> which lists some sources of grant to help take forward some NHW projects.

**We want to hear your ideas** - If you have other successful ways to promote your local Watch and its work, and to work with your Neighbourhood Policing Team, please contact Judith Derbyshire Tel: 07751010131 or E-mail: [judithmderbyshire@googlemail.com](mailto:judithmderbyshire@googlemail.com)

Also have a look later in the newsletter for information about how to get NHW leaflets that are produced nationally, for distribution to your members and future members.

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## Justice Seen Justice Done Information Pack for Neighbourhood Watch co-ordinators - May 2009



An information pack has been produced by the Neighbourhood Crime and Justice Unit in the Home Office for Neighbourhood Watch Co-ordinators and other residents' leaders, with information on what you can expect from the police and other criminal justice services locally and how to get the best for your community.

This information pack contains a guide which outlines the Policing Pledge and its commitments to the public, what you expect from your local authority to tackle anti-social behaviour, the rights of victims of crime and how you can make suggestions for community payback locally, as well as information about the Community Crime Fighter programme.

As well as a guide, there are also posters and postcards to help raise awareness about the policing pledge.

Download a copy from <http://www.mynhw.co.uk/news-full.php?id=323>

Or to order your copy of the pack, please contact Prolog Home Office publications Tel: 0870 241 4680, or E-mail: [Homeoffice@prolog.uk.com](mailto:Homeoffice@prolog.uk.com) quoting reference JSJD/NW/PACK

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## Meet your CNWA Board – the Barrow and Carlisle Experience!

As recorded by Judith Derbyshire,  
Vice Chair of CNWA.



In my job, I get down to meetings in rural areas north of Barrow occasionally, but I rarely get a chance to visit Barrow, so I was pleased when the CNWA Board meeting was arranged at Barrow Fire Station on Saturday 14<sup>th</sup> March. Various Board members arrived in good time, and we got the coffee started and the biscuits out, as we know our priorities. And then to our delight, NHW coordinators started arriving. Despite Voice Connect messages being sent out and an article in the NW Evening Mail, I think we still worried in case no coordinators turned up to talk to us.

The coordinator who had travelled the furthest was probably John from Barbon, near Kirby Lonsdale, but we had a good range of people from Barrow, Ulverston, Little Urswick, and Broughton-in-Furness. And various conversations were ongoing in different parts of the room, but John Perkins called us to order, introduced the Board members present, and then got the Coordinators to introduce themselves. Sgt Andy Baines, our Partnership Officer from Cumbria Constabulary, spoke of the changes within the support system for NHW and what was planned for the future. Then David Farmer, the Project Manager for Cumbria Neighbourhood Watch Project, laid out more detail about the future structure of NHW in Cumbria and how it would relate to Cumbria Police, Cumbria County Council, CNWA, and other partners.

We then had a useful discussion about the pros and cons of the proposed future ways of working for NHW in Cumbria, and the coordinators raised concerns about the present situation, the costs of being a coordinator such as printing and telephone calls, and communication problems with the Police including the lack of feedback from information sent into the Police by Neighbourhood Watch members. The Board took notes to raise issues with various different bodies and to try to influence future working.

The meeting in April at Carlisle was similarly busy, with members of groups from Carlisle area, though there was less representation from the Eden area. The Board went through a similar routine, giving short talks about what is planned for NHW in Cumbria and the work of the Board. Then the floor was open to the coordinators to ask questions and raise concerns or put forward ideas. Many similar issues were raised by NHW coordinators to those raised in Barrow, but other suggestions were made. The presence of two of the local Neighbourhood Policing Team was welcomed as it gave an opportunity to put other views and opinions forward.

**A cheap way to keep an eye (or an ear)  
on your shed or garage,  
or your neighbour's house when they are away  
As put forward by John Styth, a NHW coordinator for the 'Melbourne  
Road scheme' who attended the CNWA meeting in Carlisle,  
and reinforced by PC Tracy Watt, PCSO at Brampton**

You want to keep an eye on your garage which is full of tools, your car and other valuable items, or you are worried about your lawnmower, strimmer and other garden tools in your garden shed. And your children have grown-up and you no longer need the baby monitor. So why not plug your monitor into the electric system in your garage, and keep the other end of the monitor in the house, so if there was noise from the burglars then you would be alerted and able to call the police. It may be more difficult to protect sheds or garages without sources of power, as you will need to check batteries more regularly.

And if you are going away or your neighbours are off on holidays, why not plug in the monitors into each other's houses, so you can be reassured that someone is keeping an ear out to protect your property. However, remember to unplug the monitors when you return, otherwise any family disagreements could be broadcast to the neighbourhood!

(Editor's Note – Apologies to the NHW coordinator in Carlisle who suggested this idea, as I failed to write down his name at the meeting – but you know who you are!)

**And a good example of how PCSO are working with NHW -  
PC Tracy Watt, PCSO Brampton  
– working on Farm Watch and Trespass schemes**

Tracy is working with over 300 farms in the Brampton area on the Smartwater scheme and the Trespass scheme. The Trespass scheme is used to stop poaching on farmers land, as well as keeping thieves away. If the farmers sign up to Voice Connect, they can get free Smartwater, which is used to mark any farm vehicles or equipment, and this is now available free from all NPT teams.

Tracy has been promoting the use of baby alarms to farmers to protect quad bikes and valuable equipment in barns and sheds near to their house as there is a limited range using the alarms. She also advises that they buy the electric alarms and they use the receiver in the living room whilst watching television and then take it to bed with them.

If the farmer hears anything and suspects there is someone in the shed or barn to call 999 but Tracy advises you DO NOT PUT the lights on as this will alert the thief. And while you are on the phone to the police, let the call handler know how many people you can see, and if the thieves leave the area, let the police know which direction the thieves have gone so the police know which is the best route to use to intercept them.

Tracy Watt PCSO 5118 Brampton LPT Tel: 0796 757 2242

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## Good Security is the Key, says rural insurer NFU Mutual



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### Of all home security tips, one is more obvious than all the others - keep your doors locked.

But obvious though it is, there are a surprising amount of people who do not secure their doors. If you have top and bottom bolts on your door, use them. Likewise put the chain across, and then turn the key. Every little helps, and using all the locks available on your door makes life much harder for the would-be burglar.

There a number of steps you can take to improve the security of your exterior doors – though it is highly recommended that when fitting new locks you get assistance from your local locksmith.

A list of official members of the Master Locksmiths Association can be found at [www.locksmiths.co.uk](http://www.locksmiths.co.uk). The MLA is recognised as the leading locksmithing authority by, among others, the Police and the Home Office. As well as being able to fit new locks, they will also be able to advise on the security options available to you.

#### **Night latch locks**

A night latch lock on its own is by no means enough to keep your house secure. It is far too easy for a burglar to force open, and such inadequate protection compromises insurance policies.

#### **Rim locks**

A more effective preventative measure than the simple latch lock, but still not secure enough to guard your home against forced entry. A deadlock type rim lock will lock automatically to the outside when the door closes. It can – and should - then be double locked with the key. However, professional thieves would be able to gain entry through tampering with the lock, which is fitted only on the face of the door rather than actually inside it.

If a burglar did break in through a back window, this kind of lock at least prevents them from making a simple exit through your door – which limits the amount the thief can take with them.

#### **Mortice locks**

Most commonly used on front and back doors as they are perhaps the most effective and secure of all the lock-types. Mortice locks are embedded into the door, instantly making them a more difficult proposition for burglars than other options.

Police recommend five-lever mortice deadlocks, which conform to British Standards 3621. Five-lever mortice deadlocks, once locked externally with a key, become near-impossible to open from within. What's more, they are extremely difficult for a burglar to pick from the outside. Mortice sash locks work in a similar way, but also include a latch, should you wish to close the door fully without locking.

## Lock combinations

To make life difficult for thieves, it's important to combine a variety of locks on your doors, and, of course, to use them all whenever you go out.

A popular combination is a mortice deadlock, a rim lock higher up on the door and bolts at the very top and bottom of the door. When you're in, the rim lock itself will keep the door locked, and when you go out or retire for the evening, the bolts and mortice lock provide the necessary extra security.

Bolts top and bottom help to provide an extra line of security to whichever main lock you have in place. They can be surface mounted, like a latch or rim lock, or embedded into the door for extra strength, like a mortice lock.

If you would like to discuss your Home, Business or Motor insurance needs you can contact one of the seven local offices in Cumbria for friendly local service from people who know your neighbourhood and what goes on in the area. There is a "nearest office locator" on the NFU Mutual website which is: [www.nfumutual.co.uk](http://www.nfumutual.co.uk) - or simply phone your nearest office from the following list;

<b>Appleby</b>	<b>017683 51324</b>	<b>Broughton in Furness</b>	<b>01229 716354</b>
<b>Carlisle</b>	<b>01228 523034</b>	<b>Cockermouth</b>	<b>01900 823066</b>
<b>Penrith</b>	<b>01768 862772</b>	<b>Kendal</b>	<b>01539 722422</b>
<b>Ulverston</b>	<b>01229 581581</b>		



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## **National and Regional Neighbourhood Watch issues**

Dr John Perkins (Chair of CNWA) represents Cumbria on the North West Region Neighbourhood Watch Forum, and also represents that forum at the National Forum for Volunteers (NEIGHBOURHOOD AND HOME WATCH NETWORK). Reports from the North West Group and minutes of the forum can be accessed on [www.mynhw.co.uk/minutes.php](http://www.mynhw.co.uk/minutes.php). If you cannot access this information, and you would like to know more about the work of these groups, or you would like to raise issues for regional and national debate, please contact Dr John Perkins, Tel: 01768 881671 E-mail: [drjohnperkins@aol.com](mailto:drjohnperkins@aol.com)

## **Use the democratic process to help improve your area!**

A Suggestion from Judith M Derbyshire – Vice Chair of CNWA

I attend quite a few Parish Council meetings & Neighbourhood Forum meetings throughout the county, and sometimes I hear NHW coordinators raising issues or concerns at the meetings. Often the Neighbourhood Policing Teams are represented at the meetings and can respond to the query, sometimes County or District Councilors say they can push to get the problem solved, or the Parish Council decides to help by writing to the Police, the County or the District authorities to get things improved. So my advice is – these organisations are there to help and to represent you – so use them! Attend your Parish Council meeting (- look on [www.calc.org.uk](http://www.calc.org.uk) for contact details of the PC clerk), or find out when and where your next Neighbourhood Forum meeting is and put the date in your diary (- look on <http://www.cumbria.gov.uk/neighbourhoodforums/default.asp> ).

## The CNWA Website [www.cumbria-nhw.org](http://www.cumbria-nhw.org)

The website is being updated and improved to include more information about what is happening in Cumbria. But for the website to do the job it should be doing, it needs input from the NHW Coordinators throughout the county. It is there to be a source of information and ideas, so it needs your input!

Thanks must go to Andy Norris for his hard work in setting up and maintaining the website. And if you have suggestions of information that should be included on the website, please contact Keith Nightingale E-mail: [knightingale@hotmail.co.uk](mailto:knightingale@hotmail.co.uk)

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## Free Public Liability Insurance for NHW in Cumbria

The new PLI policy which covers all CNWA members is designed to allow Associations and volunteers to carry out their roles with protection for their liability and without fear of personal loss. It ensures that if any of your community activities cause injury to third parties or third party property the insurer will cover claims arising for up to £5 million per claim. The policy lists all the activities that are covered and those that aren't. Funded by the Home Office, it is a significant improvement on previous arrangements. Full details are available via [www.mynhw.co.uk](http://www.mynhw.co.uk) or directly at: [www.ansvar.co.uk/pdfs/nhw/nhw\\_leaflet\\_0509.pdf](http://www.ansvar.co.uk/pdfs/nhw/nhw_leaflet_0509.pdf)

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## The National NHW Website - [www.mynhw.co.uk](http://www.mynhw.co.uk)

Have a browse around the new improved website. There is a useful section 'Training Kit' which has the Neighbourhood Watch Toolkit. In here is guidance on various topics – How to set up a group, how to find funding, on vehicle security, anti-social behavior, how to write a good newsletter (- and yes, this newsletter editor has been referring to it!), and how to problem solve.

So if you feel you want to refresh your ideas about NHW, or to introduce a member of your Watch to how NHW works, have a read, or perhaps print out some of the info to pass around your group.

And you can register for the national newsletter on [www.mynhw.co.uk](http://www.mynhw.co.uk).

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## Police Authority Community Liaison Forums - an opportunity to speak directly to the Police Authority and Cumbria Constabulary.

If you are interested in local policing in your area, why not attend one of the Police Authority Community Liaison Forums, quarterly public consultation meetings held in each of the six District/Borough Council areas - see below for the next scheduled meetings - or look on [www.cumbriapoliceauthority.org.uk/index.htm](http://www.cumbriapoliceauthority.org.uk/index.htm) or phone 01768 217734. Details of these meetings are usually advertised in the local press in advance. These are public meetings, so all are welcome. Why not come and have your say? Refreshments are available.

### West Cumbria -

**Workington** - Meeting on **6 September 2009** at **7.30 p.m.** in **St Michael's**.

**Seascale** - Meeting on **Tuesday 6 October 2009** in the **Village Hall, Seascale**.

**South Cumbria -**

**Barrow** - Meeting on **Tuesday 3 November 2009 at 7.00 p.m.** at Forum 28.

**Kendal** - Meeting at 7.00 p.m. on **Thursday 5 November 2009** in the County Offices, Kendal.

**North Cumbria -** Phone 01768 217734 for details.

## **Ordering Leaflets for Neighbourhood & Home Watch events in 2009**

If you are holding an event for Neighbourhood Watch and you want leaflets and other information to use to promote NHW, the Home Office has produced a new range of Neighbourhood Watch publicity materials to aid volunteers and practitioners to carry out their work. They are:

1. Neighbourhood/Home Watch Community Action Against Crime leaflet (NHCAAC) new welcome booklet for new members and co-ordinators of the of Neighbourhood/Home Watch schemes. This booklet explains the role of Neighbourhood/Home Watch schemes. Max order 1000
2. Neighbourhood/Home Watch Blank Poster (NHPOST). This poster is branded with the Neighbourhood and Home Watch logos and is blank to allow co-ordinators to communicate information with its members and wider communities when required. Max order limit 10
3. Neighbourhood/Home Watch Meeting Notification Card (NHMEET) This leaflet allows Neighbourhood/Home Watch co-ordinators to inform their members of the next meeting, location and topic. Max order limit: 50
4. Neighbourhood/Home Watch incident report card (NHREP) This leaflet allows Neighbourhood/Home Watch members to report an incident or suspicion of criminal activity to their co-ordinator, neighbourhood policing team or other point of contact. Max order limit: 500
5. Neighbourhood & Home Watch Good Ideas (NWGIB1) This booklet brings together some good ideas and practices that have been adopted by Neighbourhood or Home Watch schemes, groups and associations throughout England and Wales. Max order limit: 100 (5 and 6 the same)
6. Neighbourhood Watch Stickers (NNWWS) This sticker is designed for members of neighbourhood watch schemes to place in a window of their home, ideally near the front door. Max order limit: 1000

When ordering please:

Only order exactly what is needed for your event or initiative

Try and avoid bulk orders and stock piling – as this leads to wastage

Return any unwanted/over-ordered materials

Deliveries: To avoid disappointment where possible try and place your order in advance. Please allow 5 working days for you order to arrive.

**Events and urgent orders** – if you are planning an event or need items for a specific date please call 0870 241 4680 or make sure you give the needed delivery date when placing your order. For ordering via Prolog: Tel: 0870 241 4680, Fax: 0870 241 4786, E-mail: [homeoffice@prolog.uk.com](mailto:homeoffice@prolog.uk.com)

## Introducing one of the new partners of Neighbourhood Watch in Cumbria – **Cumbria Fire & Rescue Service** **Creating Safe and Secure Communities**



Cumbria Fire & Rescue Service contributes towards creating a safe and secure community within the county. The organisation strives, with its partners, to educate the people of Cumbria to help prevent fire and road related deaths and injuries. This will be achieved through identifying and working particularly with those groups who are most at risk ensuring that appropriate safety measures are in place. When called to an emergency the fire and rescue service will utilise best operational practice to minimize injury and loss. Cumbria Fire & Rescue Service is an integral part of the Safer and Stronger Communities Directorate of Cumbria Council Council.

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## **Fire & Rescue Service - Community Volunteers** **Spare some time to save some lives**

A new recruitment drive to find volunteers who are willing to help make their communities safer is being launched by Cumbria Fire & Rescue Service. The service is looking for new members for its Community Volunteers Team - who help deliver the safety message across Cumbria

One such volunteer is Workington-based David Tattersall - who has been delivering the road safety message in schools and at community days after being involved in a traffic accident in 2002 which left him seriously injured and unable to speak without a microphone pressed to his larynx. He said:

"I have been actively involved in community safety issues and road awareness training with Cumbria Fire & Rescue Service. My involvement grew through my interest in community issues and I also enjoy meeting the public and listening to their concerns. It's an important job to get the safety message across and reduce the amount of future road accidents in Cumbria."

To promote and raise awareness of the appalling number of young driver deaths across Cumbria, bereaved parent - Lynette Francis teamed up with and now works for Safer Roads for Cumbria and Cumbria Fire & Rescue Service delivering Road Awareness Training to Young Drivers. Lynette's son Mark was killed whilst travelling as a passenger in his own car whilst it was being driven by his best friend.

Lynette speaks of the devastation it caused herself and her family. Lynette says: "I am willing to talk about my experience to help others avoid what my family and I have been through, I hope that by teaching Young People the consequences of speeding, drink and drug driving and not belting up, I can make a difference to Road Safety in Cumbria."

**As a NHW coordinator, you may be in an ideal situation to help both your neighbours and the Fire & Rescue Service, by encouraging households to get a Home Safety Check done, and by assisting with the Home Checks where**

**vulnerable households may be happy to have someone they know accompany the Fire Service during their visit. You could also support the delivery of HeartStart Basic Life Skills Training.**

For information about Community Volunteers, Tel: 01900 820 247, E-mail: [volunteers@cumbriafire.gov.uk](mailto:volunteers@cumbriafire.gov.uk) , or look on: <http://www.cumbriafire.gov.uk>

## Summer 2009 - BBQ tips for safe sizzling

With hot summer evenings and the sizzling scent of burnt charcoal wafting through back gardens Cumbria Fire and Rescue Service has issued a timely warning on how to have a safe barbecue.

During a long, hot summer, grass and vegetation are generally dry, which means if a fire is accidentally started outdoors it will spread very quickly, destroying everything in its path. Add a light summer breeze to the equation and the fire will spread even more rapidly - it could destroy a garden, spread to homes and endanger the lives of those inside.

Lesley Graham, Community Safety Manager for Cumbria Fire & Rescue Service, said: "We are experiencing some delightful weather and it is natural to want to go outdoors and enjoy it with family and friends.

"Using petrol to light your barbecue or leaving it unattended are two of the most common mistakes people make. Every summer this results in firefighters being called to fires caused by barbecues that have got out of control. In some instances, this has led to serious injuries and damage to property."

By following some simple rules you can ensure your barbecue is a safe and enjoyable event.

- Follow the safety instructions provided with disposable barbecues.
- Never use a barbecue indoors.
- Never leave a barbecue unattended.
- Make sure your barbecue is well away from sheds, fences, trees, shrubs or garden waste.
- Use enough charcoal to cover the base of the barbecue, but not more (normally around 5cms or 2 inches).
- Keep children, pets and garden games away from the cooking area.
- After cooking, make sure the barbecue is cool before moving it.
- Empty ashes onto bare garden soil, not into dustbins or wheelie bins. If they're hot, they can melt the plastic and cause a fire.
- Enjoy yourself, but don't drink too much alcohol if you are in charge of the barbecue.
- Always keep a bucket of water, sand or a garden hose nearby for emergencies.

**Your ideas are needed!** Part of the role of Cumbria Neighbourhood Watch Association is to promote good practice between the different Neighbourhood Watch groups in Cumbria, so the CNWA Board want to know what is working well in your Watch, and what ideas you have for improving your area. So please 'blow your trumpet' and tell us what success you have had, and your ideas for future projects!

If you have stories for future editions of this newsletter –

E-mail Judith Derbyshire: [judithmderbyshire@googlemail.com](mailto:judithmderbyshire@googlemail.com) Tel: 0775 1010131.

## **How to Contact the Police**

Use **999** to report a crime in action.

Use **0845 3300247** as soon as possible, to advise the Police about a past crime or suspicious activity.

Or dial Crimestoppers **0800 555111** to give information anonymously.



And **remember to say that you are Neighbourhood Watch** - as it gets logged on the Police system and this helps to acknowledge your work!

**Neighbourhood Watch** is a means of developing and improving the liaison between the community, the Police, and the Local Authority.

Our aims are:

- To help people to protect themselves and their property
- To reduce the fear of crime
- To improve the local environment by improving local and home security
- To encourage greater vigilance
- To foster community spirit

**The vision of Cumbria Neighbourhood Watch Association is that Cumbria will be a safer and stronger place to live, work and visit.**

If your address is wrong on the envelope or if you no longer are a NHW coordinator, please get in touch with your Neighbourhood Policing Team to get the NHW database corrected. The database of NHW members is the property of Cumbria Police and is covered by the Data Protection Act, so it can't be given out to other organisations or used for anything except NHW work.

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This newsletter has been produced on behalf of the Cumbria Neighbourhood Watch Association (CNWA) - the charity that links & represents the individual Neighbourhood Watches in Cumbria.

For more information & updates, look on [www.cumbria-nhw.org](http://www.cumbria-nhw.org)

We hope you find this newsletter of interest and of use.

If you have any comments, please contact the CNWA Chair,

Dr John Perkins Tel: 01768 881671 E-mail: [drjohnperkins@aol.com](mailto:drjohnperkins@aol.com)

The other CNWA Board Members are – Judith Derbyshire (Vice Chair & Newsletter Editor), Christine Makin (Administration Secretary), Derek Williamson, Freddie Harris, Caroline Redhead (Company Secretary), William Moore (Treasurer), Keith Nightingale (Website Editor), Charles Paxton (Webmaster), David Farmer, Erica Arneil and Sue Crawford. Other regular attendees at Board Meetings are Lorraine Smyth from Cumbria County Council, & members of local Neighbourhood Policing Teams.